



# September

## SEPTIEMBRE



All meals include fruit,  
vegetable & milk

*Todas las comidas incluye  
fruta, vegetales y leche*

All kids 0-18 eat FREE!

OCEAA is an equal opportunity provider  
Menu subject to change without notice.

**Monday | Lunes**

**Tuesday | Martes**

**Wednesday | Miércoles**

**Thursday | Jueves**

**Friday | Viernes**

		1 Oatmeal Pasta	2 Cereal Bean Burrito	3 Scrambled eggs Turkey sandwich
6 No school No hay clases	7 Scrambled eggs Chicken enchiladas	8 Waffles Quesadillas	9 Blueberry Muffins Turkey lasagna	10 French toast Chicken sandwich
13 Pancakes Chicken Alfredo	14 Scrambled eggs Grilled cheese	15 Cereal Fish sticks	16 Bagel Picadillo	17 Waffles Chicken stir fry
20 Bagel Macaroni & Cheese	21 Pancakes Tuna	22 Scrambled eggs Bean tostadas	23 Oatmeal Teriyaki chicken	24 No school No hay clases
27 Cereal Chicken Quinoa Salad	28 Huevos a la Mexicana Chicken Fajitas	29 Blueberry Muffins Ropa Vieja	30 Bagel Pizza	



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